Press Release
June 26 2017

DAWN CHORUS at THE HIDE SCULPTURE is pleased to present:

'Reclamation - a meditative occurrence.' With Meditation in nature specialist Conn Fitzgibbon  Sunday 9th of July 2pm – 3.30pm

The HIDE SCULPTURE, Balleally Landfill, Balleally Lane, Lusk, Co. Dublin

Fingal County Council is pleased to announce a very special event at recently launched permanent public art Commission – The HIDE SCULPTURE by artist Garrett Phelan. Meditation in nature specialist Conn Fitzgibbon will guide visitors through an immersive meditative experience of the HIDE SCULPTURE and its unique location within Balleally Landfill which is adjacent to the beautiful Rogerstown Estuary, a key observation site for numerous migrating and roosting birds.

The HIDE SCULPTURE is a 21st century functional monument, not only is it an observation platform for those wishing to engage in birdwatching at the estuary, it is a significant contemporary work of art meditated by the artists presence and further through a series of events under the title Dawn Chorus that allow the visitor to consider arts function within our environment and our society as a whole. The HIDE SCULPTURE consists of a concrete form, cast and dyed green to reveal a hyper-realistic wooden exterior, the interior is hand-carved by the artist and features symbols and motifs associated with the site and his own work, encompassing a newly created gated walkway with flora and fauna, newly planted as part of the project.

We were delighted to invite meditation in nature specialist Conn Fitzgibbon into the space of the HIDE SCULPTURE, inviting him to respond to the specific location of the site at Balleally Landfill and the proposition that it presents to us as a place where nature has reclaimed its land. Conn will guide us through an immersive meditation experience which
will allow the visitor to tune in to the natural restorative energy emanating at this site which places THE HIDE SCULPTURE at its very centre.

Conn will also encourage participants to find what is hidden within their natural environment and indeed, themselves, exploring the role of native trees and their place in our ancestral spirituality, how our predecessors intuitively used nature to understand their psychology by closing observing the landscape. It is our intention that visitor will have the potential to use the practice of meditation to engage all of their senses within this very special space of art.

Places are free but limited, to book please contact:
Caroline Cowley, Public- Art Co-ordinator, Fingal County Council
Caroline.cowley@Fingal.ie P: 01 870 8449 for more details visit www.thehidesculpture.com

About Conn Fitzgibbon

Conn Fitzgibbon is a Psychotherapist working in private practice, a civil celebrant and an outdoor guide with a keen interest in the healing power of nature. He has been facilitating ceremonies, nature-based events and organising mindfulness retreats since 2009. He is a member of the Irish Association of Counsellors & Psychotherapists (IACP) and the Association of Nature and Forest Therapy Guides (ANFT).